

Pulmonology

is a medical specialty that focuses on diseases of the lungs and the respiratory tract.

Should I See A Pulmonologist?

Talk to your provider if you've experienced any of the following symptoms:

- Shortness of Breath
- Persistent Cough
- Productive Cough (Mucus)
- Snoring

Conditions we treat include:

- Asthma
- Allergies (environmental, seasonal & food allergies)
- COPD (Bronchitis & Emphysema)
- Pneumonia
- Chronic Cough
- Sleep Apnea/Sleep Disorders
- Occupational Lung Disease



Wayne Beauford, MD

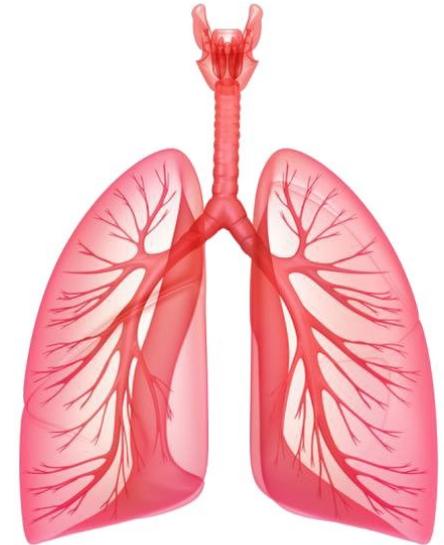
Dr. Wayne Beauford, board-certified pulmonologist, has been serving the Triad for over 23 years. He provides treatments for respiratory diseases and sleep apnea. He utilizes a variety of diagnostic techniques to help patients improve their respiratory health. In addition to serving patients at Bethany Medical Center, Dr. Beauford is also the medical director for pulmonary rehabilitation and respiratory care at High Point Regional Hospital.



Amanda Taylor, PA-C

Amanda Taylor has been serving patients in the Triad for over 10 years. She received her B.S. in Biology from High Point University and continued her studies at UNC-Greensboro, where she received a Master of Public Health Education. She completed the Physicians Assistant Program at Wake Forest University School of Medicine. She is certified as a Physician Assistant by the National Commission and maintains membership with the American Academy of Physician Assistants.

BETHANY Pulmonology & Allergy



BREATHE EASY

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Do You Suffer from Allergies?

Symptoms of allergies may include:

Runny or congested nose
Sneezing
Watery and itchy eyes
Asthma
Frequent headaches
Skin rashes

We offer needle-free allergy treatment

Treatment options include:

Avoidance, which is often not practical or desirable

Medication, which temporarily treats symptoms

Immunotherapy, which treats the source of your allergies.

Drops are placed under the tongue and require an office visit every 12 weeks for refills and a follow-up.

Shots have been used for decades and generally require a weekly or bi-weekly nurse visit.

WHAT IS COPD?

COPD stands for **chronic obstructive pulmonary disease** and includes **chronic bronchitis** and **emphysema**. Both of these conditions narrow the air passages, making it difficult to exhale.

Early diagnosis, treatment, and lifestyle changes can prevent complications from COPD and improve your quality of life.

Symptoms of COPD May Include:

- + **Recurrent and/or productive cough.** Patients with bronchitis may notice a persistent cough with large amounts of thick, discolored mucus.
- + **Shortness of breath.**
- + **A whistling or rattling sound when breathing (wheezing).**
- + **Unusual or unexplained tiredness or weakness.**

Asthma

is a long-term lung disease that inflames and narrows airways

Asthma Affected Airways

In asthma affected airways, inflammation and mucus cause the airways to narrow and the muscle tissue surrounding the airways to tighten (bronchoconstriction).



Healthy Airways

Asthma treatments help open the airways so air flows more freely.



The goal of asthma treatment is to control the disease. This usually involves two types of medications: quick relievers (rescue inhalers) and controllers to prevent flare-ups. A good asthma management plan involves using both types of medications.